

Instructions for Twiddle Muffs

Supplies needed:

- 6.5mm straight needles or 8mm circular needles (US size 11).
- Beads, zippers, ribbons, or anything else you can add that can be “twiddled” with, without breaking.
- Assorted yarn. Twiddle Muffs are perfect for using up leftover yarn, and the more colours and textures you have, the better!

Directions:

1. Make the band: Cast on 40 stitches using 2 strands of DK yarn (or one strand of chunky yarn). Work in stockinette stitch for 11 inches.

2. Continue with the body: Continue in stocking stitch, using various types and colours of yarn, until the piece measures 23 inches (58 cm). 2 rows of double yarn of different colour and type gives a lovely finish. Cast off.

3. Decorate: Attach beads, flowers, zippers, loops, or anything else people can fiddle with. Make sure they are attached firmly so they cannot easily be pulled off.

Finish: Neatly sew sides together with purl side facing you. Turn work inside out and push the band inside the body. Neatly sew together the two ends.



Thank you to Caldbeck for the pictures!