

Who are we?



What do we do?

Why do we do it?

Springfield Domestic Abuse Support



- **Founded in 1915**
- **Refuge**
- **Safe House**
- **Community Hub**
- **Stalking Specialist**
- **Community outreach**

Why do we do what we do?

- **1 in 3 Women**
- **1 in 6 men**
- **9000+ reported DA victims in Cumbria**
- **One Women is killed every 2.3 days by a violent partner or former partner**
- **3 men each month lose their lives to DA**
- **25% of all violent crimes in the UK, are cause by Domestic Abuse**





What to do if a person confides in you...

Listen to what they are saying to you.

Reassure them that you believe what they are telling you.

Do NOT give an opinion of what you think they should do.

Direct them to where they can seek help and support:

help@springfieldsupport.or

01539 726171

Women's Aid or Mankind websites

Birchall Trust (sexual abuse)

If you would like a referral form for Springfield, please email and ask for one 😊

Any Questions?



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